

# SNACK POLICY

## for Growing With Grace Preschool



Snacks for preschool snack time are provided by each child on a rotating basis. Your snack date is listed on the monthly calendar and on your weekly forecast. We will also send the class snack bag home with your child as a reminder. Please trade with someone if you are not able to bring snacks on your assigned day. If your child is ill and will be absent, you can bring the snack the next day they return to class. We have extra snacks we can use in the meantime. You may be occasionally asked to bring a specific snack for class events.

For the health and safety of the children, snacks must be commercially prepared and must arrive unopened as packaged. (No homemade snacks and no drinks please.) We ask that you bring enough snacks to feed the entire class. Hand washing in the bathroom will be done prior to snack time. Staff will wear gloves and serve snacks and water to the students.

**Please note, we are a NUT FREE school. All snacks must be peanut and tree nut free, and labels must indicate nut-free and not produced in a facility with nuts.**

### **Birthday Treats**

Children are allowed to bring a “special treat” on their birthday celebration day. Please select approved birthday snacks from the back of this sheet. Your child’s teacher will let you know how the class celebrates birthdays.

The other side of this sheet is the safe snack list. The snacks/brands below are all free of peanuts and tree nuts. We ask you to please purchase snacks from this approved list. Full size bags/boxes of snacks instead of individually packaged are preferable. **If a snack is brought that is not on the list, it will have to be sent back home.** This is to ensure the safety of all students. Thank you for your cooperation and understanding.

**\*Make sure you notify the preschool director and your child’s teachers if your child has any allergies!**





<u>FRESH FRUITS &amp; VEGGIES (see below)</u>	<u>GRAHAM SNACKS</u>
<p>Pre-packaged apple slices</p> <p>Blueberries, clementines, bananas, baby carrots,</p> <p>* Fruit cannot be washed and cut at home (due to allergy concerns). Please bring items that are simple to serve.</p>	<p><b>Honey Maid Graham Crackers</b> (original, honey, cinnamon, chocolate)</p> <p><b>Partake Brand</b> classic grahams</p> <p><b>Nabisco Teddy Grahams</b> (honey, cinnamon, chocolate, chocolatey chip, mini)</p> <p><b>Keebler Paw Patrol Graham Snacks</b></p> <p><b>Kellogg's Scooby Graham Snacks</b></p> <p><b>Annie's Bunny Grahams</b></p>
<u>POPCORN/RICE/BOOTY</u>	<u>CRACKERS/PRETZELS/CHIPS</u>
<p><b>Quaker brand rice snacks</b> (caramel corn, ranch, kettle corn, cheddar cheese)</p> <p><b>Pirate Booty</b> (regular, veggie, fruit)</p> <p><b>Sensible Portions Brand- Veggie Straws</b> (sea salt),</p> <p><b>Apple Straws, Apple Pie Puffs</b></p> <p><b>Skinny Pop Popcorn*</b> (original, sea salt &amp; pepper, sweet &amp; salty kettle)</p> <p><b>Boom ChickA Pop*</b> (sweet &amp; salty)</p> <p><b>O Organics Popcorn*</b> (sea salt &amp; olive oil)</p> <p><b>Smartfood Popcorn*</b> (white cheddar)</p> <p><b>Good and Gather (Target)</b> white cheddar puffs</p> <p><b>Harvest</b> snap pea snacks</p> <p><b>Lesser Evil</b> star berry puffs, cheddar space balls, power curls</p> <p><i>*popcorn for 4's class only.</i></p>	<p><b>Cheez Its</b> (original, white cheddar)</p> <p><b>Annie's-</b> Cheddar Bunnies, Cheddar Squares, Party Snack</p> <p><b>Pepperidge Farm Goldfish</b> (original, blast, cheddar, baby cheddar, parmesan, pretzel, saltine, crisps)</p> <p><b>Nabisco Wheat Thins</b></p> <p><b>Rold Gold Pretzels</b> (thins, sticks, rods, tiny twists)</p> <p><b>Snyders</b> (mini pretzels, pretzel sticks)</p> <p><b>Good and Gather (Target)-</b> Veggie straws</p> <p><b>Keebler Club Crackers</b> (original)</p> <p><b>Nabisco or Kellogg's Saltines</b> (crispy original)</p> <p><b>Nabisco Soup &amp; Oyster Crackers</b></p> <p><b>SunChips</b> harvest cheddar</p> <p><b>Siete</b> kettle cooked potato chips</p> <p><b>The Good Crisp Co.</b> potato crisps (original, sour cream)</p> <p><b>Trader Joe's</b> cheddar rockets</p>
<u>CEREAL</u>	<u>DAIRY &amp; FRUIT BARS/SNACKS</u>
<p><b>Cheerios</b> (regular, fruity, chocolate, apple cinnamon, frosted)</p> <p><b>Trader Joes Os</b> (regular or honey)</p> <p><b>Cinnamon Toast Crunch</b></p> <p><b>Chex</b> (cinnamon, rice, corn, chocolate)</p> <p><b>Quaker</b> (oatmeal squares)</p>	<p><b>Cheese Sticks, Babybel cheese</b></p> <p><b>Yogurt/Gogurt</b></p> <p><b>Applesauce squeeze pouches</b> (GO GO Squeeze, Mott's etc.)</p> <p><b>Bare Apple Chips</b></p> <p><b>Made Good Brand</b> (granola bars, chews, etc.)</p> <p><b>Nature's Bakery Fig Bars</b></p> <p><b>Fruit Strips-</b> That's It, Pure Organic, Bear Fruit Rolls, Annie's Peel-A-Parts</p> <p><b>Sweet Loren's</b> Breakfast biscuits</p>

## Birthday Treat Options (Above items are also acceptable for birthdays.)

<p><b>Oreos</b> (original, birthday cake, golden, double stuff)</p> <p><b>Barnum's Animal Crackers</b> (original)</p> <p><b>School Safe Brand cupcakes and brownies</b></p> <p><b>Two Bite Vanilla Nut Free Cupcakes</b></p> <p><b>Enjoy Life Brand - Gluten Free</b> (crunchy cookies, minis, soft baked cookies &amp; minis)</p> <p><b>Veggies Made Great Gluten Free muffins</b></p> <p><b>Kellogg's Rice Krispie Treat Bars</b> (original)</p> <p><b>Philly Swirl Cups or Stix</b></p> <p><b>Fruit Bars</b> (Minute Maid, Outshine, That's It)</p>	<p><b>Fruit Snacks</b> (Betty Crocker, Trader Joes, Yum Earth, Welch's, Annie's, Market Pantry)</p> <p><b>General Mills</b> (fruit by the foot, fruit gushers, fruit rollups)</p> <p><b>Lofthouse Nut Free Frosted Sugar Cookies</b></p> <p><b>Favorite Day Frosted Sugar Cookies or Mini Cupcakes</b> (sold at Target)</p> <p><b>Partake Brand Cookies-</b> vanilla wafers, chocolate chip cookies, sprinkle</p> <p><b>Leah's Better Bites Cupcakes, Cake Bites, Do Bites</b> (sold at Target Bakery refrigerator)</p>
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\*\*If a product not on the list states it is nut-free and produced in a nut free facility, you may bring it..