



SNACKS

Growing With Grace Preschool

Snacks are provided by each child on a rotating basis. Your snack date is listed on the monthly calendar and you will receive the class snack bag as a reminder. Please trade with someone if you are not able to bring the snack on your assigned day. If your child is ill and will be absent you can bring the snack the next day they return to class. We have extra snacks we can use in the meantime. You may be occasionally asked to bring a specific snack for class events.

Snacks must be commercially prepared and must arrive unopened as packaged. We ask that you bring enough snacks to feed the entire class. Paper products will be used and disposed of daily. Proper table sanitation will be implemented before and after snack. Hand sanitizer will be used prior to snack time. Staff will wear gloves and serve the snack and water to the students.

We are a NUT FREE school.

Birthday Treats: children are allowed to bring a “special treat” on their birthday celebration day. Please select approved Birthday snacks from the back of this sheet. Your child’s teacher will tell you how the class celebrates birthdays.

The other side of this sheet is the safe snack list. The snacks/brands below are all free of peanuts, tree nuts, and eggs. **We ask you to please purchase snacks from this approved list. If a snack is brought in that is not on this list, it will be sent back home.** This is to ensure the safety of all students. Thank you for your cooperation and understanding.

*** Make sure you notify the Director/teachers if your child has any food allergies!***

OVER

Snack Options

All fruit and veggies are welcome (teachers will wash and cut at school so please bring items that are simple to prepare and serve)

Cheese Sticks

Yogurt/Gogurt

Applesauce- (they love the squeeze containers)

Cereal- **Cheerios-** regular, fruity, chocolate, apple cinnamon, frosted

Cinnamon Toast Crunch, Chex- Cinnamon, Rice, Corn, Chocolate

Trader Joe's O's- regular or Honey O's, **Quaker** - Oatmeal Squares

Nabisco Honey Maid Graham crackers - original, honey, low fat, cinnamon, low fat cinnamon, chocolate

Nabisco Teddy Grahams - honey, cinnamon, chocolate, chocolatey chip or mini

Paw Patrol Graham Snacks -Keebler brand

Annies brand- honey bunnies or honey grahams

CheeZ It's- original or white cheddar

Pepperidge Farm Goldfish Crackers - original, blast cheddar, baby cheddar, Parmesan, pretzel or saltine

Nabisco Wheat Thins - original, reduced fat, hint of salt

Rold Gold Pretzels - thins, sticks, rods, tiny twists & Pepperidge Farm pretzel goldfish

Quaker brand Rice Snacks- caramel corn, ranch, kettle corn, cheddar cheese

Late July- cheddar cheese minis

Pirates Booty- regular or veggie flavor, or fruit or veggie sticks

Skinny Pop Popcorn- original, sea salt & black pepper, or sweet & salty kettle

Boom Chick A Pop Popcorn- sweet & salty, salted caramel,

Trader Joe's Heirloom Popcorn, Smartfood- white cheddar popcorn

Veggie Straws or Apple Straws, Bare- apple chips

Club crackers- Keebler original, **Sunshine Saltines-** Krispy original

Nabisco premium soup & oyster crackers

Enjoy Life Soft Baked Bars & Baked Chewy Bars, Breakfast Bars

Made Good Brand – granola bars, chews, etc (sold at Target, Sams, Costco, Amazon)

Nature's Bakery Fig Bar, Trader Joe's Fig Bltes

Birthday Treat Options

Oreos- original, birthday cake, golden, or double stuffed

Barnum's Animal Crackers- original, **Philly swirl cups or stix**

Treasure Mills School Safe brand cupcakes and brownies (sold at Jewel bakery)

Nutphrees Cupcakes (in freezer section in bakery near cakes at Marianos)

Garden Lites- Veggies Made Great- banana chocolate chip muffins

Enjoy Life brand- crunchy cookies & minis, soft baked cookies & minis

Betty Crocker, Trader Joe's, Yum Earth, Welchs, Annie's, Market Pantry (Target)

Brands Fruit Snacks

General Mills- fruit by the foot, fruit gushers, fruit roll ups

Minute Maid, Outshine, That's It Bars- fruit bars